



IS
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What is Reiki?

Reiki is a way to connect on an energetic level that begins a profound healing process, creating a positive shift for yourself and those around you.

The Reiki Master places his or her hands over or on body (depending on preference) to move the energy through the body. The client relaxes in any position comfortable for them, and enjoys the session.

Reiki balances energy in the body which may help to...

- Restore natural healing processes, reducing or eliminating symptoms of pain and disease
- Reduce reliance upon prescription and over the counter medications
- Allow clearer thinking & better organization
- Improve sleep & mood
- Repair and rejuvenate energy pathways in the body

Applications

Reiki has been used for centuries as a regular part of eastern treatment for a variety of ailments such as...

Mood Disorders

Tension

Stress

Asthma

Anxiety

Insomnia

PMS

Headache

Sprains

Breaks

Arthritis

Alcoholism

Infections

Ear Ache

Indigestion

Chronic Disease

...and so many more!

What We Know

Science is well aware that everything in the Universe is made up of energy. The energy flowing through our bodies is referred to as “Ch’i” in Chinese medicine and “Ki” in Japanese medicine.

When an energy pathway in the body is blocked, the body’s ability to heal is interrupted.

If this continues without therapy, the blockage can create disease, pain, infection, inflammation or emotional imbalance.

That Reiki Guy

Bill is a Reiki Master, having completed all three levels at Mount Royal University. His interest in Reiki began as a way to improve his own health and wellness while challenged with fatigue, stress and epilepsy.

As he studied more about it, and saw the benefits himself, he felt drawn to it as a practice.

Affordable Rates

Bill offers Reiki sessions to suit any income and any schedule and he travels to your location:

\$50/hour

\$30/30 minutes

\$20/15 minutes

Special rates will be negotiated for seniors, students and children.

**EVENINGS
WEEKENDS
DAYTIME**

Remember: Even a short session is an effective one!

There is nothing more important than your HEALTH, and the practice of Reiki assists your body’s natural ability to heal itself!

What could be better than THAT?

CALL or email today to book your session with:

That REIKI Guy

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Become a Reiki Practitioner

Bill does provide Training in Level 1, 2 & 3 for those who would like to become Reiki practitioners. Please call to inquire about upcoming training opportunities.