

QUANTUM CHIROPRACTIC

A HEALTHIER YOU IS WITHIN REACH

GET RELIEF FROM

Physical Pain

chronic pain
injuries, sore achy muscles, postural stress

Mental/Emotional Challenges

anxiety, depression, PTSD, burnout

Digestive Issues

indigestion, constipation, colic

The Stuck Patterns in Your Life

that are holding you back from living with
physical, mental & emotional freedom

Using **gentle touches** at key locations along the spine, you are guided to **release patterns** of held tensions that have **inhibited your healing process**.

This **unique** approach that will bring **healing and transformation** to your life is known as **Quantum Chiropractic or Network Spinal Analysis**.

It's a **powerful** yet **gentle** approach to spinal reorganization that's **effective** with people from newborns to seniors, athletes to office workers. This care assists you in leading a **healthier happier life**.

Reach for true health & wellness

eLan
family
wellness
centre

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& Associates

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TRANSFORMATIONAL WORKSHOPS

Presented By

Dr. Robert Clarke

and

M. Scott Hutchison

Discover the breath - body - healing connection

Learn a series of **awareness exercises** that will assist you in being in sync with your life. These **easy-to-practise** tools will guide you to understand yourself and the world around you, in a way that will **create more ease** as you move through life.

Somato Respiratory Integration (SRI)

12 Stages of Healing

Stages 1 - 3

Discover your adaptive patterns, suffering, polarity, stuck in your story

Stages 4 - 7

Transform stress into fuel, reclaim your power, build energy, let go of attachments

Stages 8 - 12

Awaken to your purpose, feel connected, see the big picture, share your gifts

Integrate Learn how to create change in your life with ease. When do you need more Discover, Transform, or Awaken?

Evening Workshops

Weekend Retreats

Full Day Workshops

Corporate Training

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Information & Registration

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